

A portrait of Venus Williams, a Black woman with long, dark, wavy hair, wearing a white polo shirt with blue accents on the collar and sleeves. She is standing with her arms crossed, looking slightly to the right of the camera with a calm expression.

**VENUS WILLIAMS**

U.S. Tennis Pro & Spokesperson,  
American College of Rheumatology

# SEPTEMBER is Rheumatic Disease Awareness Month!

**VENUS WILLIAMS** has faced a lot of formidable opponents in her career, but nothing compared to her battle against rheumatic disease. After six years of painful symptoms and lots of unanswered questions, she was finally diagnosed with Sjögren's syndrome.

Seeing a rheumatologist, getting on a treatment plan, and making other lifestyle changes were game changers for the tennis champion.

**Today, Venus Williams  
is back on top of her game  
– and you can be, too.**

**Visit [BackOnTop.org](http://BackOnTop.org)  
to learn more.**

**Join the Simple  
Tasks community &  
you'll be entered to  
win an item signed  
by Venus!**

The logo for Simple Tasks, featuring a stylized white hand holding a silver fork, with a white arc above it.

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A Public Awareness Campaign from the  
American College of Rheumatology