



# Email Alert

Organizations are encouraged to download and tailor the following email alert to send to your distribution lists. Placeholders are included for those that wish to include information about a specific rheumatic disease.



[Sample Email Alert](#)

## Subject: September Is Rheumatic Disease Awareness Month – Get Involved!

Rheumatic diseases are the leading cause of disability in America, affecting nearly one in four Americans.

Help us spread awareness for *[Insert disease name]* and other rheumatic diseases this September as *[Insert Organization Name]* joins the American College of Rheumatology and Simple Tasks in celebrating the first annual **Rheumatic Disease Awareness Month (RDAM)**!

The theme for RDAM 2016 is **“Hundreds of Diseases. One Voice.”** Speaking as one voice, we can improve the public’s understanding of *[Insert disease name]* and other rheumatic diseases and advance the health and well-being of millions of Americans living with rheumatic diseases.

### How to Participate in RDAM 2016

Visit the Simple Tasks website ([www.SimpleTasks.org](http://www.SimpleTasks.org)), where you can find everything you need to share rheumatic disease information on social media, host a local awareness event, post a **#RheumSelfie**, advocate for rheumatic disease patients, and more!

improve  
understanding.

SPONDYLITIS  
LUPUS  
GOUT  
JIA  
Sjögren's  
OSTEOARTHRITIS  
temporal arteritis  
Behçet's Disease